

Course Syllabus

Course Title	Work at Height (Essentials)
Duration	½ Day course
Who will benefit from this course	Anyone who is involved in work at height
Learning Objectives	To enable an individual to effectively comply with their duties under the Work at Height Regulations
Method	Instruction by theory session with exercises
Assessment	Closed book course with a pass mark of 80%
PPE	None required
Course content	Current Legislation, Regulations and Guidance affecting work at height
Instructor delegate ratio	Maximum of 1:12
Venue requirements	A suitable classroom to accommodate 12 delegates for the theory and assessment sessions.
Supporting Documents	A course content and notes booklet and a current Code of Practice booklet will be issued to all delegates who attend the course
Award	A PASMA certificate and PhotoCard will be issued to successful delegates who complete the theory and assessment sessions at the level they attend the course which has a five year validity period
Literacy, Fitness & Health <i>(Extract from the PASMA Code of Practice)</i>	<p>Since the safe use of mobile towers requires that you consult safety notices and read and thoroughly understand the manufacture's instruction manual, literacy and language comprehension are important requirements for any tower user. Similarly, since the assembly and use of mobile access towers can be physically demanding, users should be physically fit and in good health and should, generally, not have problems with eyesight or hearing, heart disease, high blood pressure, epilepsy, fear of heights / vertigo, giddiness / difficulty with balance, impaired limb function, alcohol or drug dependence or psychiatric illness.</p> <p>If delegates have any problems with literacy or language comprehension, or have any doubts about their fitness to use mobile access towers, they must bring them to the attention of their employer. This need not preclude them from using mobile access towers, provided their employer conducts an assessment and is able to put into place adequate measures, to take account of any difficulties they may have.</p>
Qualifications & Experience	No qualifications or experience are required for this course.